

HEADS UP

A Weekly News Update from the Principal and Heads of School

Friday, 3 May 2013

Volume 9 Issue 23

PRINCIPAL'S NEWS

We will become more active as a school community, as well as within the larger local community so that our St Andrew's family becomes stronger and more knowledgeable, and has an active role in the Bahamian community

St Andrew's School Strategic Plan – Goal 3

This week I would like to return to the school's strategic plan and highlight some of the developments associated with Goal 3 – Beyond the Classroom.

Steve Duncan (Montana State University) wrote in his paper, *Family Matters: What is the Role of Extracurricular Activities*, that research has confirmed that involvement in extracurricular activities is 'more than just child's play', and that 'school extracurricular activities and involvement in community clubs and organisations are important in fostering strengths that help young people steer away from undesirable behaviour'.

These points are reinforced by John H. Holloway who wrote in his paper, *Extracurricular Activities: The Path to Academic Success?*, that 'participation in school activities, especially athletics, leads to higher self-esteem and an enhanced status among peers. Some have argued that a positive self-esteem is a deterrent to antisocial behaviour'.

More recent research has shown that many of the world's leading universities are now actively looking to recruit students who, as well as being academically strong, will also bring 'value added' in terms of extracurricular or CAS commitments.

One of the strategies listed in Goal 3 is the development of a school-wide CAS (Creativity, Action and Service) programme. Although we already have a strong CAS programme in Years 12 and 13, and a number of our primary and secondary students are already engaged in CAS activities, from August we will be expanding the role of the CAS Coordinator. This will enable them to coordinate a programme that will allow all our students the chance to participate in age appropriate CAS activities. By expanding the CAS programme, we will also be able to encompass two other stated strategies in Goal 3; those being a complete review of our after-school programmes and to initiate additional opportunities for curricular and extra-curricular activities with the local community and other international schools.

I am sure many of you would have seen in the local press this week that the school was granted Green Flag status for our efforts to be more environmentally friendly. We are the first all-though (Pre-School to Year 13) school in The Bahamas to be given the Green Flag and one of only a handful of international schools in the world to receive this prestigious award. Following hot on the heels of this award was the news that the school has been given a UN grant for the sum of \$50,000 for environmental projects on campus. We are presently looking at a number of ways that we can use this money but we hope some can be incorporated into the renovations of the school hall that will take place over the summer. As I am sure you can imagine, these awards do not just happen and therefore, I would like to offer a massive vote of thanks to everyone (teachers, students and parents) who have served on the eco-committees – it is much appreciated.

And finally this week - more good news!! Congratulations to our swimmers and the senior boys' volleyball team who managed to win the BAISS Championship for a second straight year. **GO HURRICANES!**

Dr Glenn Canterford

Wanted! Musical Instruments



Do you have musical instruments that aren't used anymore; hidden in back closets, under beds? Please consider donating to St Andrew's Secondary School instrumental programme. Woodwind, Brass, String and Percussion, old or new, shiny or bruised; we will happily accept all donations and put them to good use.



FROM THE BUSINESS OFFICE

Parents/Guardians,

Please be reminded to check with the Business Office on the status of your account as there may be amounts due to the school related to DHL packages to schools/universities abroad or the Special Development Fee.

All accounts must be settled in full for charges related to the 2012/2013 academic year by 14 June 2013 otherwise report cards, transcripts and diplomas will not be released until accounts are settled in full.

Sincerely,

Evanne Archer-Bowe
Financial Controller

Email: evanne.bowe@st-andrews.com

St Andrew's PTA



m **ffins**
for Mom

Please join us for complimentary muffins and coffee for Moms and cookies for kids on the school's front lawn on Tuesday, 14th May at 7:30 a.m. Come early to avoid disappointment.

Compliments of your PTA

SECONDARY SCHOOL NEWS

From the Middle School Curriculum Coordinator

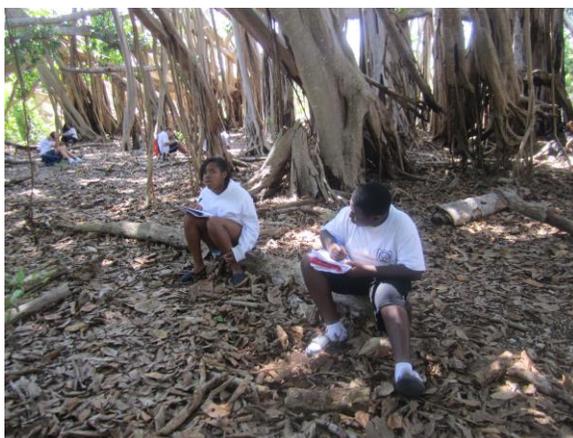
Year 8 Week without Walls 2013



Last week year 8 students were engaged in a week of experiential learning as they explored the concept of sustainability through our local environment, here in Nassau and at the Island School in Eleuthera. Highlights of the week included shark tagging, snorkeling, lion fish dissection, service visits to local organisations, swimming at a blue hole, scientific beach clean-ups, sand investigations, recycled art projects and working in the native garden. This week students have used the data collected in the beach clean-up to create comparative graphs in their math classes, as part of the graphing unit. They have shared their journal reflections in English and written up the findings of their sand, lion fish and bone fish investigations in Science.

We were extremely proud of the conduct and attitude of our year 8 students last week, here and at the Island School. They demonstrated many of the IB Learner Profile traits and during our final group reflection, the students themselves felt that, in particular, they were inquirers, risk-takers, thinkers, caring and reflective.

Our gratitude is extended to the teachers involved in coordinating, chaperoning and planning WWW 2013. Thank you to Mrs Dillette, Mrs Canterford, Mr Fadely, Mr Dias, Mrs Sterling, Ms Knowles, Mr Thibault, Ms Banneel, Ms Missick, Mr Brindle-Selle, Mr Coyle, Mrs Coyle, Mr Toomer and Miss Katie.



Reflections:

“We had a very interesting and educational power point presentation about lionfish. We learned all sorts of cool things like where the first sighting of one was, and the increase of lionfish in the last 20 years. After the presentation, they even bought in 2 dead lionfish to dissect right in front of us. We saw all kinds of different organs and we even got to inspect the spines close up.”

“Miss Tiffany led a snorkeling expedition for us. We were able to see the reef balls. They were so cool! We also saw lots of fish like, cowfish, starfish, a lemon shark, and fire coral. The water was so deep I couldn’t even stand. We did all that before breakfast.”



“We read and played with the kids, painted pictures with them, and helped to feed them. We helped them work on their fine motor skills by doing puzzles and other fun stuff. ☺ I really enjoyed my experience at the Seahorse institute and I think I’ll go back on a weekend to volunteer.”

“Overall, I think patience, balance and teamwork was key in this task.”

Rachael Williams

★ ★ ST ANDREW'S PTA ★ ★
SUMMER

BBQ



DINNER
 FRIDAY
 31ST MAY 2013
 5PM - 9PM

MUSIC!
ENTERTAINMENT!

FAMILY FUN!

BERTHA'S GO-GO RIBS!

BEER!
WINE!

RAFFLE PRIZES!

GAMES!
ACTIVITIES!

BBQ DINNERS
CHICKEN & RIBS
\$15.00 PRE-SELL
\$20.00 AT EVENT

HOTDOGS
COTTON CANDY
POPCORN
AND MORE...

AT THE
THE WINTON RUGBY CENTRE
RUGBY DRIVE
 (OFF PRINCE CHARLES DRIVE)

RAFFLE & EVENT SPONSORS






















The primary art teacher wants to help YOU clean out your closets!!

She is looking for the following items:

- blocks, Lego, or other building toys
- old frames (ugly or broken ones too!)

Please drop off any of these items to the primary art room (room 20 - upstairs primary block).

PRIMARY SCHOOL NEWS

THANK YOU FOR ATTENDING STUDENT LED CONFERENCES

These conferences are an important part of our communication with you. We appreciate the importance you have clearly placed on supporting your child/children's learning and development.



St Andrew's Summer School 2013



24 June to 5 July

Look out for our course brochure on the school's website on Friday May 10th!

Register Early



Notice

When appropriate, one letter per family from the primary school will be sent via the youngest sibling.

NOTICE!

The INFANT SCHOOL is a 'Nut Free' section of the school!

We express sincere thanks for your efforts in keeping the Early learning Center "Nut Free." **However, it has become necessary to ensure that all classes in the Infant School (Years 2 to Pre School) are nut free.** We do remind and encourage you to ensure that food items containing nut or nut traces **not** be included in lunch or snack items sent to school as we do have a number of students with severe allergies to nuts. It is indeed our duty to protect all students from harm while in our care.

Dates to Remember

Wed 8- Fri 10 May **Year 5 Andros Trip**

Saturday 4 May (new date)..... Pre School/Pre Reception Screening

Tuesday 14 May PTA Muffins for Mum

Wednesday 22 May..... **Exhibition Opening Night**

Friday 24 May..... **Open House for Admissions**

Friday 31 May..... PTA Summer BBQ and Raffle Draw

Monday 6 June (new date) Junior T-Ball Competition

Monday 10 June Interhouse Talent Show

Tuesday 11 June Year 6 to 7 Transition Day

Wed/Thu 12/13 June End of Year Parties

Friday 14 June **Last day of school. Noon dismissal**

My Best to You,

Yvette Simms
Head of Primary

Vegetarian Cook Book still on sale!

Paper copy \$4, Digital copy (emailed word doc.) \$1

See Mrs. Rolle



VEGETARIAN RECIPES

**YOUR KIDS
WILL LOVE!**

**A collection
of recipes
from some
of our St
Andrew's
School moms
that your kids
ALREADY
LOVE!**



Over the past two years students in Years 1 – 4 started a vegetable garden and have been growing a variety of vegetables from seed to harvest. During the year, the students had an opportunity to taste some of the vegetables they were growing. In an effort to encourage the children to be good risk takers, several moms created fun, tasty vegetable recipes they thought the kids would love. Each dish was designed to showcase the yummy side of each vegetable. Consequently the tastings have been a huge hit with the students and many of them are eating more vegetables at home. This book is inspired by those recipes.

COMMUNITY NEWS AND EVENTS FROM THE ST ANDREW'S FAMILY

Please click on a group's link below to view information from the group:

[PTA News and Events](#)

[Health and Safety News and Events](#)

[Community News and Events](#)