

HEALTH AND SAFETY NEWS AND EVENTS

Friday, 9 December 2011

Volume 8 Issue 13

THE HEALTH & SAFETY COMMITTEE

Mission Statement: "The Health & Safety Committee is dedicated to promoting a safe and healthy environment for all students, staff and visitors of St Andrew's School. We are committed to serving with integrity, cooperation and concern for the welfare of our school community."



OUR MOTTO: "PREVENTION SAVES LIVES!"

PRIMARY ROAD SAFETY ASSEMBLIES: *"Always Buckle Up! Every Trip, Every Time!"*

On behalf of all H & S members, I would like to thank Corporal **Garnet Rolle** (RBPF), **Toinette Mackey** (Mime), **Mrs. Simms**, **Infant/Junior School Teachers**, **IT Staff**, **Mr. Outten** and the **Maintenance Men** for their support and participation in our Primary Road Safety Assemblies (Friday 18th November, 2011). Road Safety Education aims to develop positive attitudes and safe behaviours in children as present and future road users (passengers, pedestrians, cyclist and drivers).





The Infant and Junior School Road Safety Competition winners will be announced, displayed and prizes awarded in January, 2012.

H & S would like to encourage parents to commit to the 10 Road Safety Commitments below, especially during this Holiday Season.

Road Safety 10 Commitments

I commit to :

- 1. Use a seatbelt
- 2. wear a helmet on a two-wheeler
- 3. Drive at safe speed and safe distance
- 4. Not drive under the influence of alcohol or drugs
- 5. Not use a mobile phone when driving
- 6. Be visible as a pedestrian or cyclist
- 7. Respect the traffic light
- 8. Maintain my vehicle in a good condition
- 9. Be licensed and trained for the vehicle I drive
- 10. Know how to react in case of an accident

SAFER JOURNEYS

A blue and yellow poster titled "Road Safety 10 Commitments". It features a list of 10 road safety commitments and a yellow diamond-shaped sign that says "SAFER JOURNEYS".

**May the warmth
and love of the season
fill your hearts and home.**

**Best Wishes for a
Merry Christmas and a
Happy New Year**

***The St. Andrew's School Health & Safety
Committee***





Royal Bahamas Police Force

Working together for a safe Bahamas

Holiday Safety Tips

The Holidays are always exciting with shopping, presents and family. However crooks love the opportunities this time of the year provides. While there's no need to be afraid, you should keep in mind the following holiday safety reminders to avoid becoming a victim.

Personal Safety

- Always pay attention to your surroundings, and be aware of your environment.
- Consider shopping with others. There is safety in numbers.
- Avoid walking alone in dark, isolated areas – such as back parking lots.
- Keep your wallet or purse close to your body; remember to dress casual and comfortable.
- Avoid carrying too many bags or packages. Keep your hands as free as possible.
- Avoid carrying large amounts of cash – use an ATM/Debit card when possible.
- Consider using ATM machines located in the malls. Avoid using ATM machines located in isolated areas.
- Young children should always be accompanied by parents while shopping and to the restrooms.
- Teach your child their full name, phone number, and address. Keep your child close to you at all times.
- Never leave your purse in the shopping cart. Or leave children in the car alone



Protect Your Vehicle:

- Lock your doors, and buckle up while driving
- Park in well-lighted areas.
- Avoid parking in isolated areas.
- Never leave your motor running unattended.
- Take all personal property out of your vehicle every time you leave. Hide property that you have to leave behind.
- Do not approach your car if suspicious people are nearby

Secure Your Home:

- Ensure that your home's windows and doors have secondary locks.
- Keep landscaping trimmed back so that you can easily see around your property.
- Flatten boxes and conceal product pictures when putting garbage on the outside.
- Consider keeping gifts and expensive property out of plain view from the outside. Keep ground level blinds and curtains closed while away and at night.
- Consider having a trusted neighbor or friend watch your home while you are away. Ask your neighbor to occasionally park their car in your driveway.
- Never open your door to strangers. Always find out who is on the other side of the door before answering. Never let people know you are home alone.

Be Safe Bahamas And Have A Merry Christmas!

Police Emergency

911

National Crime Prevention Office

302-8430 / 1

www.royalbahamaspolice.org

"To make The Bahamas a safer place to live, work, visit and play."

Crime Stoppers
328-TIPS (8477)
Family Islands
(242) 300-8476

2011 – 2012 HEALTH & SAFETY MEMBERS & AREAS

Kaynell Ritchie – kqm1972@hotmail.com Chairperson

Mr. E. Outten – eustace.outten@st-andrews.com Campus Supervisor

Dr. G. Canterford – glenn.canterford@st-andrews.com Principal & CEO

Mrs. Bonnie Davis – bld@hightorltd.com School Board Rep.

Nurse Bridgewater - janet.bridgewater@st-andrews.com School Nurse

Susan Todd – stodd@coralwave.com Junior School & Junior Play-ground

Enrique A. Perla-Ellison – eaperla@gmail.com Construction Background

Damian Francis – damianifrancis@gmail.com Engineer/All Buildings

John Clarke – john@kingsrealty.com Secondary School

Patrice Lleida – dragonjetski@coralwave.com Secondary School/ Secretary

Karen Carey - kcarey@coralwave.com Junior School (Admissions Officer)

Simeon Sturup – arrow@batelnet.bs Security, Car Park, Pool

Renee Forsythe – reeneeforsythe@coralwave.com Infant School & Play-ground

Lynette Maycock – lmaycock@pictet.com ELC & ELC Play-ground

Esther Blair - esther.blair@gmail.com Library, Cafeteria, Auditorium

Cecil Ferguson – fergusoncaleb@gmail.com Secondary School

Dr. Graham Cates – gcates@familymedicinecenter.org Health & Wellness, First Aid & CPR/Health Education

Owen Burrows – oburrows@medairservices.com Secondary School

Joy Knowles – joykane@yahoo.com Infant School & Play-ground

Dr. Renee Peet-Iferenta – renejame@hotmail.com Health & Wellness

TEACHER REPRESENTATIVES

Mrs. P. Whiteland - pat.whiteland@st-andrews.com ELC & ELC Play-ground

Ms. C. Cate – catherine.cate@st-andrews.com ELC & ELC Play-ground

Mrs. S. Sykes – susan.sykes@st-andrews.com Infant School & Infant Play-ground

Mrs. D. Moore – danielle.moore@st-andrews.com Infant School & Infant Play-ground

Ms. P. Perpall – Patrice.perpall@st-andrews.com Junior School Rep. & Play-ground.

Mrs. G. Scates - Gillian.scates@st-andrews.com Yr. 6 Junior School Rep. Cafeteria & Auditorium

Mrs. I. Davis – iola.davis@st-andrews.com Library & IT Building

Mrs. T. Saunders - tiffany.saunders@st-andrews.com Secondary School Teacher Rep.

Ms. E. Phillips – elizabeth.phillips@st-andrews.com Sports Rep. (Pool/Field/Changing Rm.)